

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Chris Hounsell

40-44 / 49 of 195

1:21:44 / 1:21:58

M: 360 / Race: 464

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm