

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Joe Ryan

65-69 / 6 of 85

1:21:21 / 1:21:45

M: 354 / Race: 456

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm