

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

Mike Lynk

30-34 / 59 of 197

1:20:42 / 1:21:43

M: 352 / Race: 454

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm