

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Kelia Pond** 

25-29 / 9 of 269

1:21:17 / 1:21:40

F: 101 / Race: 451

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm