

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Colleen Ryan

50-54 / 8 of 248

248 1:21:12 / 1:21:37

F: 99 / Race: 448

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm