

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Doug Shea

60-64 / 13 of 125

1:21:06 / 1:21:36

M: 349 / Race: 447

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm