

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Jeff MacDonald

40-44 / 11 of 195

1:04:21 / 1:04:25

M: 38 / Race: 44

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm