

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Stephen Ford**

35-39 / 8 of 207

1:04:04 / 1:04:08

M: 37 / Race: 43

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm