

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Penny Houlden

65-69 / 49 of 51

3:13:24 / 3:16:34

F: 2503 / Race: 4150

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm