

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Sheldon Crocker**

45-49 / 193 of 195

3:04:01 / 3:08:44 M: 1643 / Race: 4137

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm