

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Paulette Emberley

45-49 / 315 of 326

2:56:25 / 3:01:42 F: 2466 / Race: 4103

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm