

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Mfon Oton** 

40-44 / 194 of 195

category

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2:56:41 / 3:01:06 M: 1636 / Race: 4098

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm