

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mike Sellars

time chip/time

45-49 / 189 of 195

2.47.0272.31.

2:47:02 / 2:51:52 M: 1615 / Race: 3993

category

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm