

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Mary Cook** 

40-44 / 353 of 370

category

time chip/time

2:46:24 / 2:50:32 F: 2367 / Race: 3978

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm