

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

Kay Whelan

70-74 / 19 of 20

2:47:01 / 2:49:49 F: 2363 / Race: 3970

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm