

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Carol Hedd** 

55-59 / 140 of 155

category

2:46:55 / 2:49:32 F: 2357 / Race: 3962

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm