

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

## **David Nurse**

40-44 / 46 of 195

1:19:46 / 1:20:27

M: 311 / Race: 394

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm