

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Lynette Dunphy** 

45-49 / 294 of 326

2:40:52 / 2:44:21

F: 2319 / Race: 3910

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm