

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Ed Card

35-39 / 44 of 207

1:19:33 / 1:20:06

M: 304 / Race: 385

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm