

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Michelle Ridgley

45-49 / 281 of 326

2:35:50 / 2:40:07

F: 2262 / Race: 3840

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm