

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Ryan Aspell

20-24 / 95 of 96

2:34:51 / 2:38:44 M: 1573 / Race: 3823

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm