

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lydia Janes

50-54 / 213 of 248

category

2:35:36 / 2:38:22

time chip/time

F: 2240 / Race: 3810

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm