

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Connie Frye** 

40-44 / 332 of 370

category

2:35:05 / 2:37:54

time chip/time

F: 2229 / Race: 3797

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm