

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Brenda Frizzell

65-69 / 36 of 51

2:32:53 / 2:36:18 F: 2203 / Race: 3765

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm