

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Tom Frizzell

65-69 / 71 of 85

2:32:52 / 2:36:18 M: 1562 / Race: 3764

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm