

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Cathy Sheppard

55-59 / 128 of 155

2:31:16 / 2:36:05 F: 2198 / Race: 3758

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm