

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Colette McDonald**

55-59 / 124 of 155

2:30:44 / 2:33:42 F: 2165 / Race: 3723

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm