

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Valerie Francis

45-49 / 274 of 326

2:29:33 / 2:32:49 F: 2151 / Race: 3703

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm