

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lindsay Adey

35-39 / 352 of 396

category

2:28:48 / 2:32:34

time chip/time

F: 2143 / Race: 3694

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm