

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Gord Nash

45-49 / 27 of 195

1:19:06 / 1:19:47

M: 289 / Race: 368

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm