

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Rita Gillingham** 

50-54 / 200 of 248

2:27:30 / 2:31:51

F: 2130 / Race: 3679

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm