

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Trudy Mews** 

55-59 / 118 of 155

2:26:19 / 2:30:5

2:26:19 / 2:30:50 F: 2114 / Race: 3660

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm