

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Gord Delaney** 

40-44 / 43 of 195

1:19:23 / 1:19:42

M: 287 / Race: 364

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm