

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Charmaine Ralph

40-44 / 292 of 370

2:22:08 / 2:23:58

F: 2006 / Race: 3522

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm