

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Paul Bambrick**

60-64 / 106 of 125

2:20:23 / 2:23:07 M: 1511 / Race: 3502

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm