

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Heather Harding**

25-29 / 236 of 269

2:18:19 / 2:22:40

F: 1984 / Race: 3489

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm