

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Heather Jones**

40-44 / 12 of 370

1:18:59 / 1:19:13

F: 74 / Race: 347

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm