

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Chris Ross

30-34 / 189 of 197

category time chip/time

2:17:29 / 2:20:35 M: 1495 / Race: 3443

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm