

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Seamus O'Brien

-19 / 16 of 76

1:19:06 / 1:19:10

M: 271 / Race: 344

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm