

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Jon Lodge

30-34 / 6 of 197

1:02:48 / 1:02:51

M: 29 / Race: 34

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm