

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Craig Ward

25-29 / 35 of 142

category

1:18:44 / 1:19:03

time chip/time

M: 268 / Race: 339

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm