

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Emily Shea** 

25-29 / 8 of 269

1:18:21 / 1:18:54

F: 69 / Race: 335

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm