

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Darlene Upshall

50-54 / 174 of 248

2:11:57 / 2:16:18 F: 1851 / Race: 3314

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm