

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Valerie Flynn

30-34 / 270 of 331

2:12:15 / 2:15:33

F: 1834 / Race: 3291

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm