

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

Lisa Melvin

45-49 / 228 of 326

2:13:28 / 2:15:30 F: 1833 / Race: 3289

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm