

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Ian Shupe

25-29 / 34 of 142

category

1:18:14 / 1:18:36

time chip/time

M: 257 / Race: 323

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm