

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lindsey Efford

25-29 / 206 of 269

2:09:23 / 2:11:06 F: 1760 / Race: 3180

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm