

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Heidi Clowe** 

30-34 / 254 of 331

2:07:16 / 2:10:43 F: 1740 / Race: 3155

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm