

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

Sean Rice

45-49 / 24 of 195

1:18:00 / 1:18:23

M: 250 / Race: 315

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm