

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Courtney Pomroy** 

35-39 / 300 of 396

2:05:37 / 2:10:16 F: 1730 / Race: 3142

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm